

OPIOID GUIDELINES For PRESCRIBERS

PROTECT YOUR PATIENTS



ASSESS

Assess the risks and benefits of prescribing opioids for chronic pain



DISCUSS

Talk with patients about opioid therapy and the risks; as well as other forms of treatment to reduce pain



CONSIDER

Non-opioid pain relievers for chronic non-cancer pain; for severe acute pain, short-acting agents with a 3-day supply



MONITOR

Follow-up regularly to reassess progress and possibility of other modalities for treatment



KNOW THE FACTS

- Every 6 hours, someone dies of a drug overdose in New York City
- 82% of overdose deaths in 2017 involved opioid use
- In 2017, the highest rate and largest number was among Bronx residents at 31.9% compared to Staten Island at 27.3%

(NYCHealth 2018)

Visit: www.1.nycgov/site/doh/providers/resources/public-health-action-kits-opioid.page

Sometimes Opioid **MEDICINE** becomes the **PROBLEM**

PROTECT YOURSELF & YOUR FAMILY

- ✓ Use medications as prescribed by your doctor
- ✓ Avoid mixing medications with alcohol & other drugs
- ✓ Discuss alternative pain medications with your doctor, as you may become physically dependent on opioids
- ✓ Carry an Opioid Overdose Reversal Kit - *Naloxone*
- ✓ Know the health risks: overdose, dependence, drowsiness, nausea/vomiting, constipation, dry skin, dry mouth

For Treatment and Information:

1-888-NYC-WELL or text WELL to 65173
1-877-8-HOPENY or text HOPE to 467369
NYC Mobile app — Stop OD NYC

Use the drop boxes at the 41st and 45th NYPD precincts

41st PRECINCT 

1035 Longwood Ave, Bronx, NY 10459

Contact: Cedric McClester
cmcclester@fsbcbx.org

45th PRECINCT 

2877 Barkley Ave, Bronx, NY 10465

Contact: Shaniece Heath
sheath@adapp.org



SAFEGUARD & DISPOSE YOUR MEDICATIONS

DON'T share medications with anyone else.

DON'T put medicine in the trash without removing the label.

DON'T use different pharmacies to fill your prescriptions.

DO use a drug deactivation pouch to discard your medications.

DO secure your medications in a safe secure locked place.



Contact for more information: TNCAP 2789 Schurz Avenue, Bronx, NY 10465
Shaniece Heath (718) 904-1333 ext. 28 sheath@adapp.org